CYO TRACK 2017 INDOOR SEASON

AGE DIVISIONS AND EVENTS

 **AGE DIVISIONS**

**DIVISION AGE ON 2/1/17**

#  PEEWEE 5, 6

 NOVICE 7, 8

 BANTAM 9, 10

 JUNIOR 11, 12

 SENIOR 13, 14, 15\*

\*15 YEAR OLD RUNNERS MUST HAVE TURNED 15 AFTER 9/1/16

**EVENTS**

**RAGAZZO RELAYS DIOCESAN MEET**

PEEWEE JUNIOR/SENIOR PEEWEE JUNIOR

4 x50 Relay 400 Medley 55 Dash 55 Dash

S.L.J. Relay 200 Dash 200 Dash

 JUNIOR 4x50 Relay 400 Run

NOVICE 4x100 Relay S.L.J. 800 Run

4x50 Relay 800 Medley 800 Medley

### 4x100 Relay 4x200 Relay NOVICE L.J.

#### 800 Medley L.J. Relay 55 Dash

S.L.J. Relay 200 Dash SENIOR

 SENIOR 400 Run 55 Dash

BANTAM 4x100 Relay 600 Medley 200 Dash

4x100 Relay 800 Medley S.L.J. 400 Run

800 Medley 4x200 Relay 800 Run

4x200 Relay L.J. Relay BANTAM 800 Medley

L.J. Relay 55 Dash L.J.

 200 Dash

## NOVICE/BANTAM 400 Run

400 Medley 800 Run

 800 Medley

RAGAZZO 1000 RUN L.J.

JUNIOR or SENIOR

**CYO ST. ANTHONY CLASSIC**

 PEEWEE JUNIOR

 S.L.J. S.L.J.

 55 Dash 55 Dash

 4x50 Relay 300 Run

 600 Run

 800 Run

 NOVICE 4x100 Relay

 S.L.J.

 55 Dash

 300 Run SENIOR

 600 Run S.L.J.

 4x100 Relay 55 Dash

 300 Run

 600 Run

 BANTAM 800 Run

 S.L.J. 4x100 Relay

 55 Dash

 300 Run

 600 Run

 4x100 Relay

ALL DISTANCES IN METERS.

 **400 Medley = 200/100/100**

 **600 Medley = 200/100/100/200**

 **800 Medley = 200/100/100/400**

 **L.J. Relay = Long Jump Relay (2, 3 or 4 Jumpers)**

 **S.L.J. Relay = Standing Long Jump Relay**